

HEALTH REPORT

VOLUME 9

ISSUE 44

ACUPUNCTURE FOUND EFFECTIVE IN RELIEVING SYMPTOMS OF CHRONIC PROSTATITIS/PELVIC PAIN IN MEN

A Canadian study has found that men with chronic prostatitis or chronic pelvic pain syndrome responded well to a course of Acupuncture treatment for the pain.

The twelve men used in the study had failed to respond to usual treatments of antibiotics, anti-inflammatories and other treatments. They received two treatments per week for six weeks; symptoms were then followed up for an additional 27 weeks.

Using the National Institutes of Health criteria to judge improvement, ten of the twelve patients reported a 50% decrease in symptoms at the final evaluation. 67% of the patients reported *marked* improvements.

What may be most notable is that *none* of the subjects of the study reported adverse effects to the treatments. Usual medical treatments for these conditions and their possible side effects include:

Ciprofloxacin: upset stomach and vomiting.

Less common side effects include hallucination, depression and thoughts about dying or killing oneself.

Diazepam: drowsiness, diarrhea, dizziness.

Less common side effects include seizures, shuffling walk and irregular heartbeat.

SOURCE: http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=12809886, <http://www.emedicine.com/med/topic3405.htm>, <http://www.nlm.nih.gov/medlineplus/druginfo/medmaster/a688016.html>; <http://www.nlm.nih.gov/medlineplus/druginfo/medmaster/a682047.html>